



IMPLANTS

Long-Acting Reversible Progestogen Only Contraceptives
Indlela Yokwelamisa okwesikhathi eside kodwa kungaguqulwa nje kalula

UKUHLELA IMULI :YINTANDO YAKHO



KUYINI AMAIMPLANTS

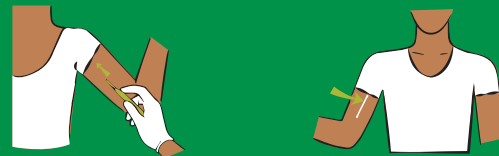
IMPLANTS



- AmalImplants yizinto ezincane ezenziwe ngeplastic (isilinganiso sezinti zomentshisi) ezilomuthi okhitshwa kancane kancane ungena emzimbeni uvikela ukuzithwala .
- Izinto lezi zifakwa phansi kwejwabu lowesifazane phakathi engalweni ngaphezulungokuya ekhwapheni. Lokhu kwenziwa ngumuntu oqeqetshileyo ololwazi.
- AmalImplants alohlonzi oluphezulu, asebenza okwebanga elide kubekathi ayaguquleka masinya nxa ungasafuni kuwasebenzisa. Abesifazana abanengi banakho ukusebenzisa amalImplants.

ASEBENZA NJANI

Asebenza ngokujijisa ubumanzi bomlomo wesibeetho kuvimbe inhlanyelo kababa ukuthi ihlangane lekamama. Kuphinda njalo kwenqabele ukuvuthwa kwenhlanyelo kamama.



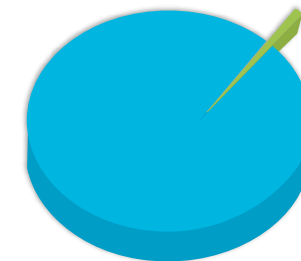
IMIHLORO YAMAIMPLANTS

Kulemhlobo emibili yamalImplants:



A Jadelle (Progestogen-Only-Contraceptive); ilomuthi okuthiwa yiProgestogen. IJadelle ilezinto ezimbili ezisebenza ukuvikela ukuzithwala okweminyaka emihlanu.

Implanon (Progestogen- Only-Contraceptive); ilomuthi okuthiwa yiProgestogen. IImplanon iloluthi olulodwa olufakwa engalweni yomuntu wesifazane , ivikela ukuzithwala okweminyaka emithathu



Amandla okusebenza kwamalImplants i99.8%.

NGUBANI ONGASEBENZISA AMAIMPLANTS?



- Phose wonke owesifazana okubanga lokuzala, lokhu kugoqela:
 - Abesifazane abatsha.
 - Abadlezane.
 - Omama abamunyisayo.
 - Abesifazane abaphila legcikwane lengculaza.



- Abasifazane abalembeleko enje:
 - Abalembali yomkhuhlane wenhliziyo kumbe ukopha kakhulu.
 - Abale BP ehlala iphezulu njalo nje.
 - Umkhuhlane wetshukela.
 - Yiloba mkhuhlane bani owesibindi.
 - Ukopha ngasese okungela sizatho esibambekayo, kuze kucwayisiswe kufunyanwe.

- Amalplants akhulula ingqondo, umuntu ahlaliseke angakhathazeki.
- Amalplants kaphazamisi icansi.



OKUNYE OKUNGAKWEHLELA

Ekusebenziseni amalplants, abanye abesifazane bengakhala ngokulandelayo:

- Ukuguquka kokungena eskhathini, (lokhu akuphazamisi lutho).
- Ukutshaywa likhanda, amaqhutshana ebusweni (ayaphela wodwa), ukutshilwa, ukuzimuka, isiyenzi lokuqina kwamabele, (Lokhu akwenzi wonke omuntu).

KHUMBULA/ QAPHELA

- Ungabona esinye sezehlakalo eziquanjwe phezulu, phangisa ukuya esbhedlela.



- Amalplants kawavikeli kumkhuhlane yeNgulamakwa (STI's) le ngculaza (HIV). Sebenzisa amakhondomu nxa ubona usengozini yemkhuhlane

UBUHLE BAMAIMPLANTS

- Amalplants angakhitshwa nje langasiphi isikhathi nxa owesifazane esefuna ukuzithwala. Lokhu kwenziwa ngumongikazi.
- Ukuzithwala kuqinisekile ngemva kokukhitshwa.

UKUHLELA IMULI :YINTANDO YAKHO



Nxa ufuna ulwazi olujulileyo ngamalplants, vakatshela isbhedlela kumbe iclinic yakho. Ungayabona udokotela, umongikazi kumbe izisebenzi zempilakahle ezabelweni (CBD's).

Thintana lathi lapha

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