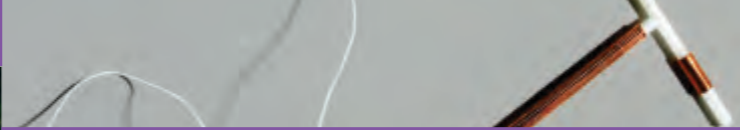




INTRAUTERINE CONTRACEPTIVE DEVICE (IUCD) / ILUPHU

ILUPHU yenziwe nge COPPER T-380A

UKUHLELA IMULI :YINTANDO YAKHO



KUYINI ICOPPER T 380A- ILUPHU

I Copper T-380A, luluthi oluncane oluhlonywa esibeledweni luvikele ukuzithwala. ILUPHU ingahlonywa esibeledweni ngemva kwemzuzu elitshumi kusiya kunsuku ezimbili owesifazane eqeda kubeletha. Lokhu kubizwa ngokuthi Post-partum Intrauterine Contraceptive Device (PPIUCD)

ISEBENZA NJANI

Okuzincingwana kweCopper okugqagqele uluthi lolu kwenza inhlanyelo kababa iswele amandla esqubu sayo, yehluleke ukufinyelela inhlanyelo kamama.



UBUHLE BAYO

- Ilentengo elula njalo ebambekayo ngokuya kweskhati.
- Kayila mithi ngakho ayihlukumezi umzimba.
- Kayiphazamisi ukwehla kochago kumama omunyasayo.
- Yindlela evikela okwesikhathi eside-imnyaka engu 12.
- Isebenza khonapho nje ngemva kukuhlonywa.
- Ingakhitshwa yiloba ngasiphi iskhathi nxa umuntu esefuna umntwana.

OKUNGAKUHLE NGAYO

Ayivikeli emkhuhlaneni yemacansini.

OKUNYE OKUNGENZAKALA (POSSIBLE SIDE EFFECTS) ?

— Kungenzakala ngemva kokufaka iLUPHU ukuthi kuguquke imeko yokungena eskhathini. Kungaba lokopha kakhulu njalo lobuhlungu kancane. Kodwa iPPUICD ayivamanga ukukwenza lokhu.

NGUBANI ONGASEBENZISA IIUCD-ILUPHU ?

Iningi labomama ngitsho labangakaze bazithwale lilakho ukusebenzisa iLUPHU kuhlenganisa labesifazane abalandelayo:

- Abafuna ukukhululeka emacansini bengazihluphi ngokuzivikela njalo nje ngesehlakalo secansi.
- Abalohlupho lokukhohlwa ukunatha iphilisi nsuku zonke.
- Abalohlupho lezinyindlela zokwelamisela ezilemithi (hormonal)
- Abafuna indlela elamisa okweskhathi eside.
- Abasanda kubeletha (Kusukela kumzuzu elitshumi kusiya kunsuku ezimbili)
- Abalegcikwane leHIV labanatha amaphilisi okwehlisa inani legcikwane.

NGUBANI ONQATSHELWA UKUSEBENZISA ILUPHU



Nxa osebenzisa ILUPHU engavelelwa ngokunye kwalokhu: Ubuhlungu lokuquma kwesisu ngaphansi, ukopha kakhulu iskhathi eside kumbe ukuzithwala.

Abesifazana:

- Abazithweleyo kumbe abazisolayo.
- Abalengulamakwa.
- Abopha okungela mkhawulo.
- Abalemvukuzane yezitho zasese.

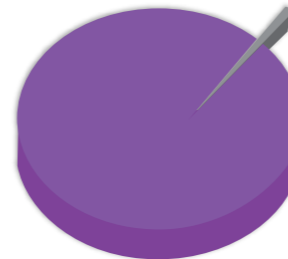
ILUPHU INGAKHITSHA SEKUTHENI



- Ngemva kweminyaka engu 12: Iskhathi esihloliweyo sokusebenza kwayo.
- Nxa owesifazane kumbe yena lomunye wakhe wemacansini bengasayifuni Iluphu.



UKUHLELA IMULI :YINTANDO YAKHO



Amandla Okusebenza kwayo - Ukwedlula i99.0%

OKUQAKATHEKILEYO

- Abasifazane abalegcikwane leHIV njalo bebukeka bephilile lanxa benatha amaARV's, benelisa ukusebenzisa Iluphu.
- ILUPHU ayivikeli kungulamakwa kanye le HIV.
- ILUPHU isebenza khonapho nje ngemva kokuhlonywa kwayo njalo owesifazane angenza icansi ngaskhathi siphilile ngokukhululeka kwakhe.
- ILUPHU ihlonywa lokukhithwa ngumuntu ofundele umsebenzi lo.
- ILUPHU kayibangeli ukuzithwala okungaphandle kwesibeletso.

Nxa ufuna ulwazi olujulileyo ngamaImplants, vakatshela isbhedlela kumbe iclinic yakho. Ungayabona udokotela, umongikazi kumbe izisebenzi zempilakahle ezabelweni (CBD's).



Thintana lathi lapha

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